

*The Marin County Intergroup of
Overeaters Anonymous presents:*



Taking the Fear out of **FEAR-less Moral Inventory:
A Workshop on the Fourth Step**

Saturday, September 11th, 2010 | 1:30 – 4:30pm
Lucas Valley Community Church
2000 Las Gallinas Avenue, San Rafael

Join fellow OA members in demystifying Step Four. Get tips, ideas, practice, and support in taking the Fourth Step. Let the group give you the courage to change the things you can. Come share your experience, strength and hope. All are welcome!

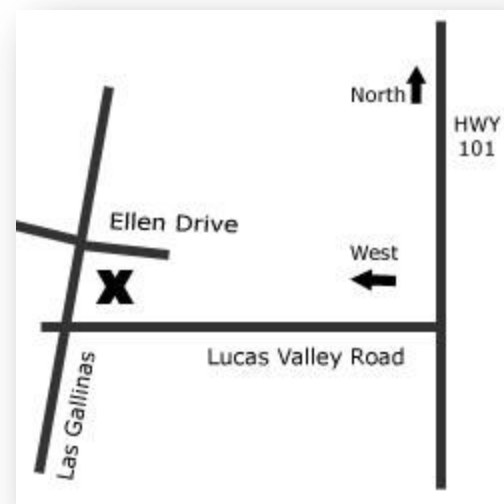
“The thought of doing steps four, five and nine have made many a brave soul quake, and I am no different. But my longing to change my life is stronger than my fear.”

(June 19, For Today)

This day is offered free of charge to newcomers.

For OA members, we suggest a donation of \$5.

Contact Person:
Ellen G (415) 846-9299



Directions: Hwy 101, west on Lucas Valley Road, right on Las Gallinas, right on Ellen Drive, right into parking lot.